

Trek Parent Resources

June 6 & 7, 2020

Faith Is...

Our Bible story this week comes from Hebrews
11:1 - 12:3.

Just For Fun

Brain Teasers

Challenge your kid(s) to figure out the correct answer to these Brain Teasers:

- **Andreas' mother had four children. She named the first Monday, the second one Tuesday, and she named the third child Wednesday. What is the name of the fourth child? *(ANSWER: Andreas, because Andreas is one of the four children)***
- **A man was walking in the rain in the middle of nowhere without a coat or an umbrella. He got soaked, but not a single hair on his head was wet. How can this be? *(The man was bald.)***
- **A cowboy rode into town on Friday. He stayed in town for three days and rode back out on Friday. How is this possible? *(The horse he rode was named Friday.)***
- **What do you see once in a minute, twice in a moment, but never in a thousand years? *(The letter "M")***
- **The more you take out of it the bigger it becomes. What is it? *(A hole in the ground)***

Would You Rather...

- o **see a snake or a spider?**
- o **be the first to see a sign for free pizza or free ice cream?**
- o **see something invisible or something from outer space that no one has ever seen?**
- o **see your favorite band or your favorite athlete?**
- o **be able to see what someone is thinking or see what they are feeling?**
- o **see something from the past or something in the future?**
- o **wake up and see two-feet of snow in your backyard or a swimming pool**

Family Discussion

There are a lot of things we will never *see* with our eyes but can still believe in. Take Mars, for instance. None of us have ever walked on Mars, but we still believe it exists. None of us have ever had a conversation with Abraham Lincoln or lunch with our favorite movie star, but we don't doubt that they are real. This summer we're going to take a look at faith—not faith in Mars or Abe Lincoln but faith in God. We'll discover what it is, why it's important, and how it looks to have the kind of faith in God that lasts our whole life. What are some other things we can't see but we know are real? *(gravity, wind, etc.)*

Is Seeing Believing?

Supplies needed: White cardstock or heavy paper, white crayons, watercolor paints, small brushes, water

- Give your kid(s) a piece of white cardstock and a white crayon.
- Tell them to use the crayon to write down five or more things they believe in even though they can't see them.
- Set out the watercolors, brushes, and water.
- Instruct your kid(s) to paint over the entire paper to reveal the words and pictures that were drawn.
- Ask your kid(s) to explain or clarify details about the words he/she chose.

Discussion suggestion after activity:

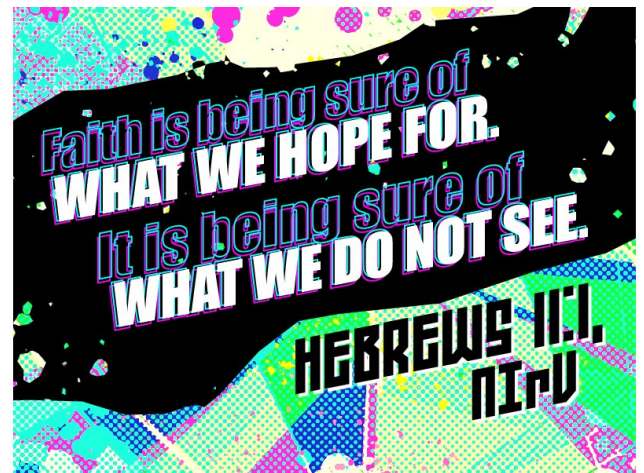
You maybe included God or Jesus in your list of what you believe in even though you've never seen them. That's called faith. No one here has ever seen Jesus. Still we believe in and follow him. Our faith grows as we learn of ways God has worked in the lives of others and when we see Him at work in our own lives, too. In a way, we've 'seen' more evidence of Jesus than the people like Moses and Abraham ever did. Even though they couldn't see the end of the story where God will make everything right, they kept the faith. And because they did . . . each of us can choose faith, too.

Memory Verse Review

Supplies: cardboard, thick paper, or cardstock, crayons, craft sticks (optional)

- Say the verse together many times. Our memory verse is Hebrews 11:1. We use the NIV version in Grace Kids, but feel free to use other translations. The YouVersion Bible app lets you access many different translations.
- Write out the memory verse on a piece of cardboard, thick paper, or cardstock.
- Have kids glue the craft stick on their verse to create a paddle-handled fan (optional).
- Have your kid(s) put a piece of paper on the floor and use their fan to move it around.

According to our memory verse, faith is trusting that something will happen even though we can't see it happening yet. Just because we can't see something doesn't mean it isn't real. We can't see the wind, or touch or taste the wind. Yet, we don't doubt that it exists. In many ways, faith is like the wind; we can hear it through the stories of those who came before us like Moses and Abraham. When you know how Jesus has affect others' lives, you can see how He can work in your life.



Discussion Questions



- **If we can't see Jesus, how do we know He's real?**
- **What would you tell someone who doesn't believe God or Jesus exists?**
- **What do we see around us that helps us know God is real?**
- **When you have doubts about your faith, who can you talk to?**
- **What if you haven't figured out what you believe or what kind of faith you have? Is that okay? What can you do to start or continue figuring that out?**

Pray as a Family

Supplies needed: a Bible

- **Review some of the Old Testament "heroes" mentioned in The So & So Show of people who showed faith. Some Bible verses to focus on specific parts of the Bible stories are listed below for reference.**

Abel (Genesis 4:4)

Noah (Genesis 6:9-8:22)

Sarah (Genesis 18:1-15 /21:1-7)

Moses (Exodus 3, 5, & 14:15-31)

David (1 Samuel 17, 2 Samuel 9)

Enoch (Genesis 5:21-24)

Abraham (Genesis 17:1-8/22:1-18)

Joseph (Genesis 37/42-45)

Rahab (Joshua 2)



Pray to have faith like those "heroes" in your own lives and circumstances.

Dear God, You have given us some amazing examples of faith. Help us to trust You the way Noah, Abraham, Moses, and others did. Most of all, help us to keep our eyes on Jesus and believe He's with us even though we can't see Him.